

Leadership Skills For Professional Women

Creating strategies for personal and professional leadership

This **one day** workshop takes participants through aspects of personal visioning and discovery into their impact as leaders. It offers a unique and energising experience using a variety of tools and processes to challenge current beliefs and focus on reaching personal and professional goals. The main focus is on determining ways of being the best you can be in all aspects of your life.

The breakthrough experience aims to challenge participants and presents a variety of skills and strategies for developing confidence and leadership qualities that are essential for high performance.

Includes a pre-workshop focus list, a comprehensive workbook incorporating practical exercises and reflective processes, and a follow-up review program.

Target Audience For women engineers, project managers or those involved in leading teams, and those focused on developing their knowledge, skills and appreciation of effective leadership.

Course Outline

Environmental scan of engineering work cultures

- Reviewing work practices and environment
- Traditional approaches of leadership and management
- Communication and engagement practices
- Working with diversity in the workplace
- Relationship management

Defining skills requirements for high performance in the engineering industry sector

- Practical strategies to increase confidence, innovation and creativity
- Relationship development, team dynamics and corporate goal setting
- Designing strategies for high levels of achievement and impact
- Leading personal and professional change for breakthrough results
- Discovering how to engage others and double your performance

Creative approaches to developing self confidence

- Designing a life vs earning a living
- Discovering 'your circle of knowing'
- A 'total' approach to work life balance
- The secrets to radiating possibility
- Discovering your centres of power and influence and how to use them effectively
- Landmark values and beliefs for high performing leaders

Tools, processes and techniques

- Imaginization
- Life mapping – scenario planning for self
- Leadership social styles
- Hierarchy of generative conversation
- Communication that counts - story telling and dialogue
- Stages of change - the '4 room apartment'

Turning theory into practice – experiential processing

- Circle of Knowing
- Generative Conversation
- Life Style Circumplex
- Ben & Roz Zander – The Art of Leadership
- The 'coach' approach

Evidence and research indicates that achieving outstanding results only happens when you are passionate about that level of your desired achievement. Each of us has our own innate powerful source of energy – our passion. Your ability to contribute to your world, your dreams and to be happy, being the best you can be is governed by your passion. This workshop experience is about helping you to discover and unleash that inspirational energy.

Course Objectives

At the end of the workshop participants will have:

- An understanding of the value of 'their inner circle of knowing'
- An appreciation of self beliefs and values and how they can enhance you and others
- Developed the art of imaginization as a new and powerful way of thinking
- Pinpointed your the strengths and weaknesses when successfully influencing others
- Discovered how to attract and retain the interest of loyal followers
- Acknowledged the virtues of embracing a variety of social styles in your team
- Identified specific skills for successful visualisation and new ways of seeing your world
- Experienced the power of effective communication
- Created opportunities for developing life mapping and scenarios that work
- Discovered how leading self and others can be masterful and effortless
- Designed and developed ideas and set workshop experiences for further exploration to realise personal and professional transformational change

Recognised for Continuing Professional Development (CPD) by Engineers Australia [refer to EA CPD Guidelines]