

Urban Planning for Health

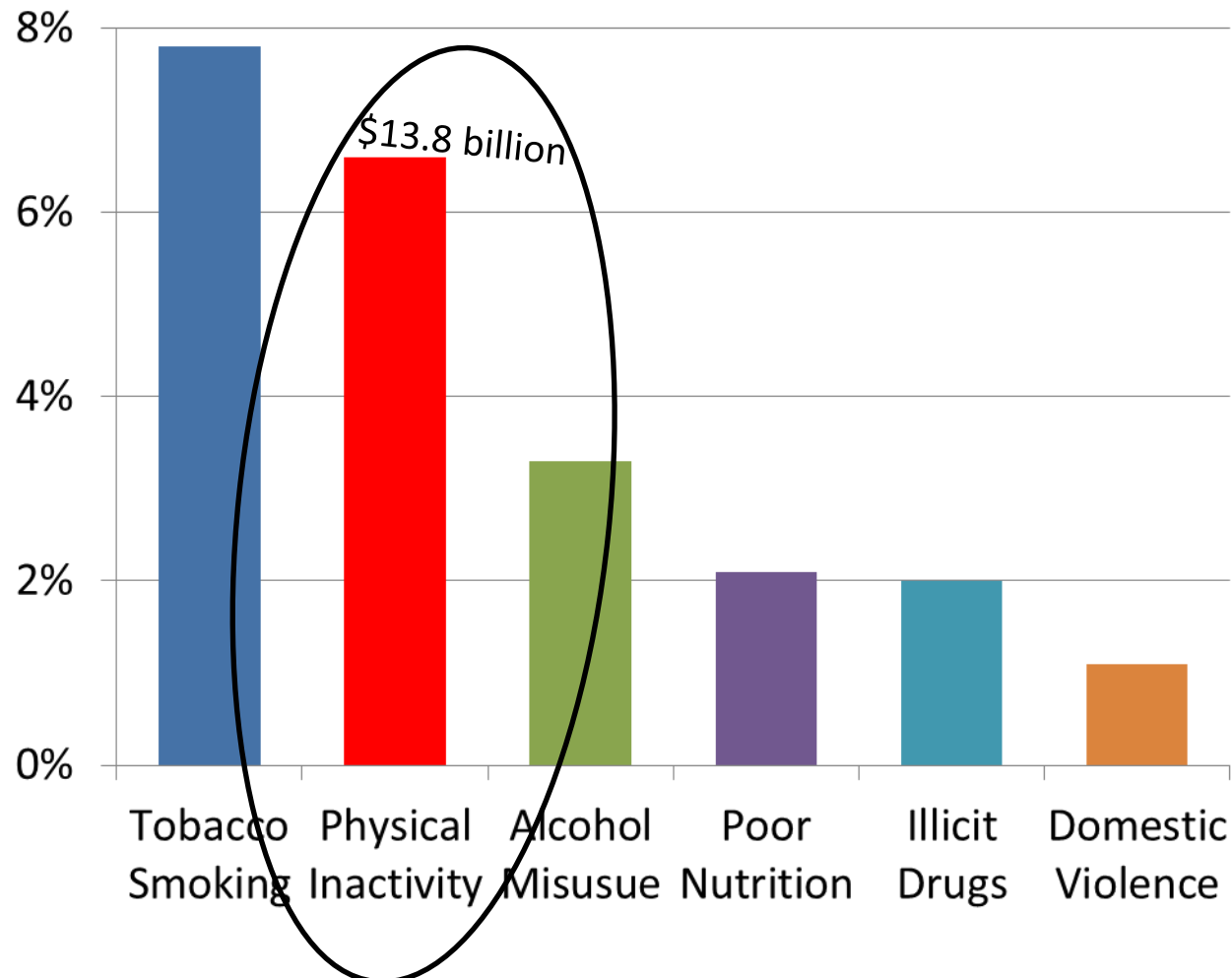


Northern Beaches Health Promotion 13 Jan 2011 Page 3 of 3

Paul Klarenaar
Director, NSLHD Health Promotion

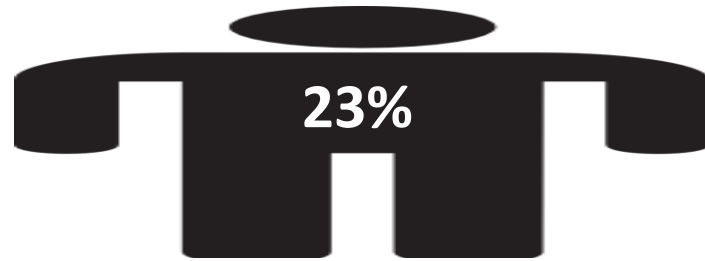


Contribution to total disease burden



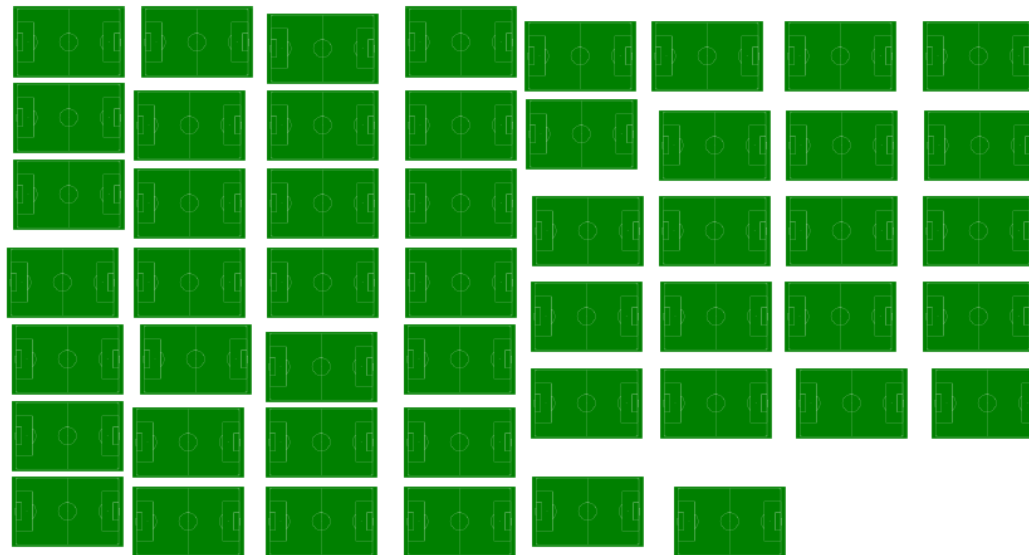
Australia v Japan

Obesity:

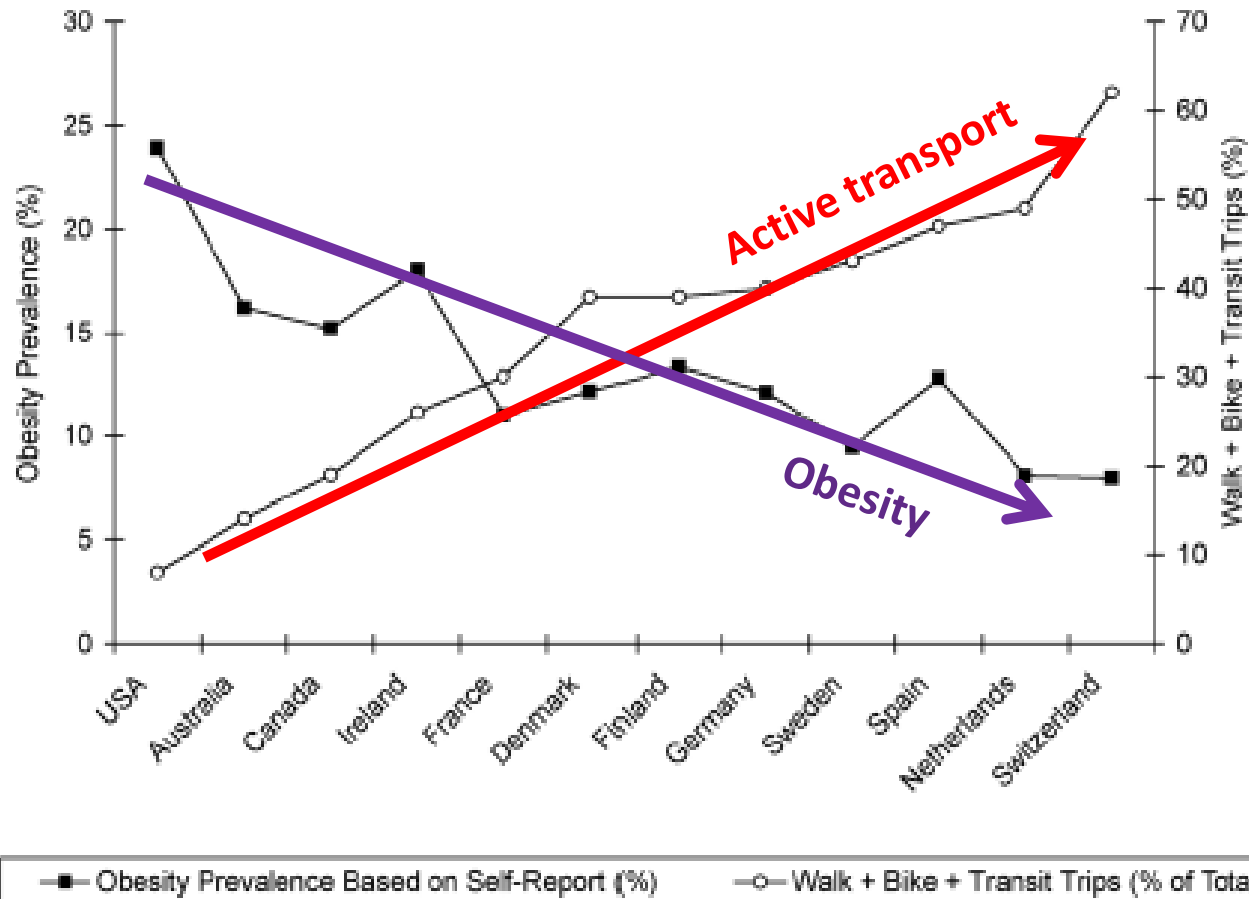


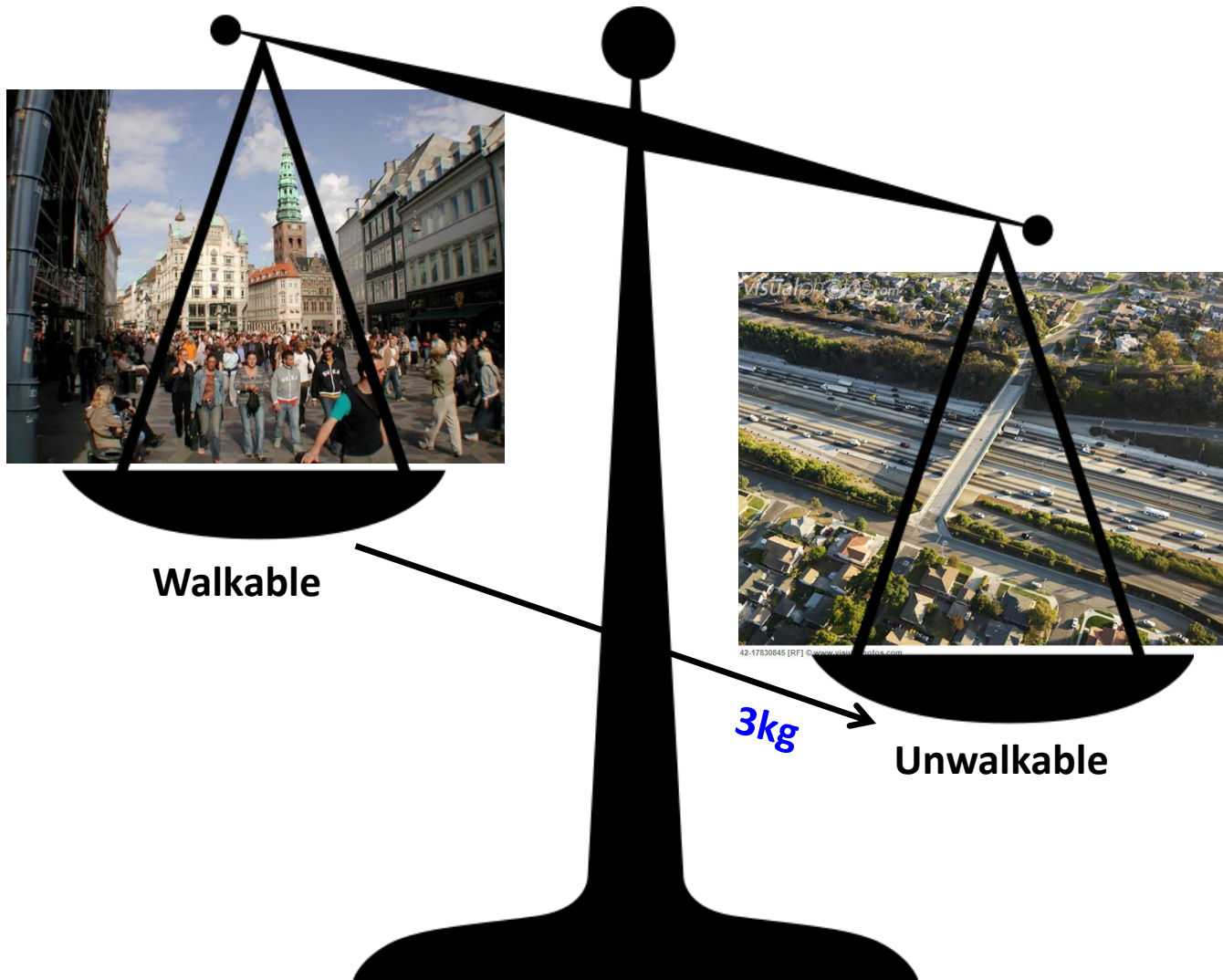
Sports fields:

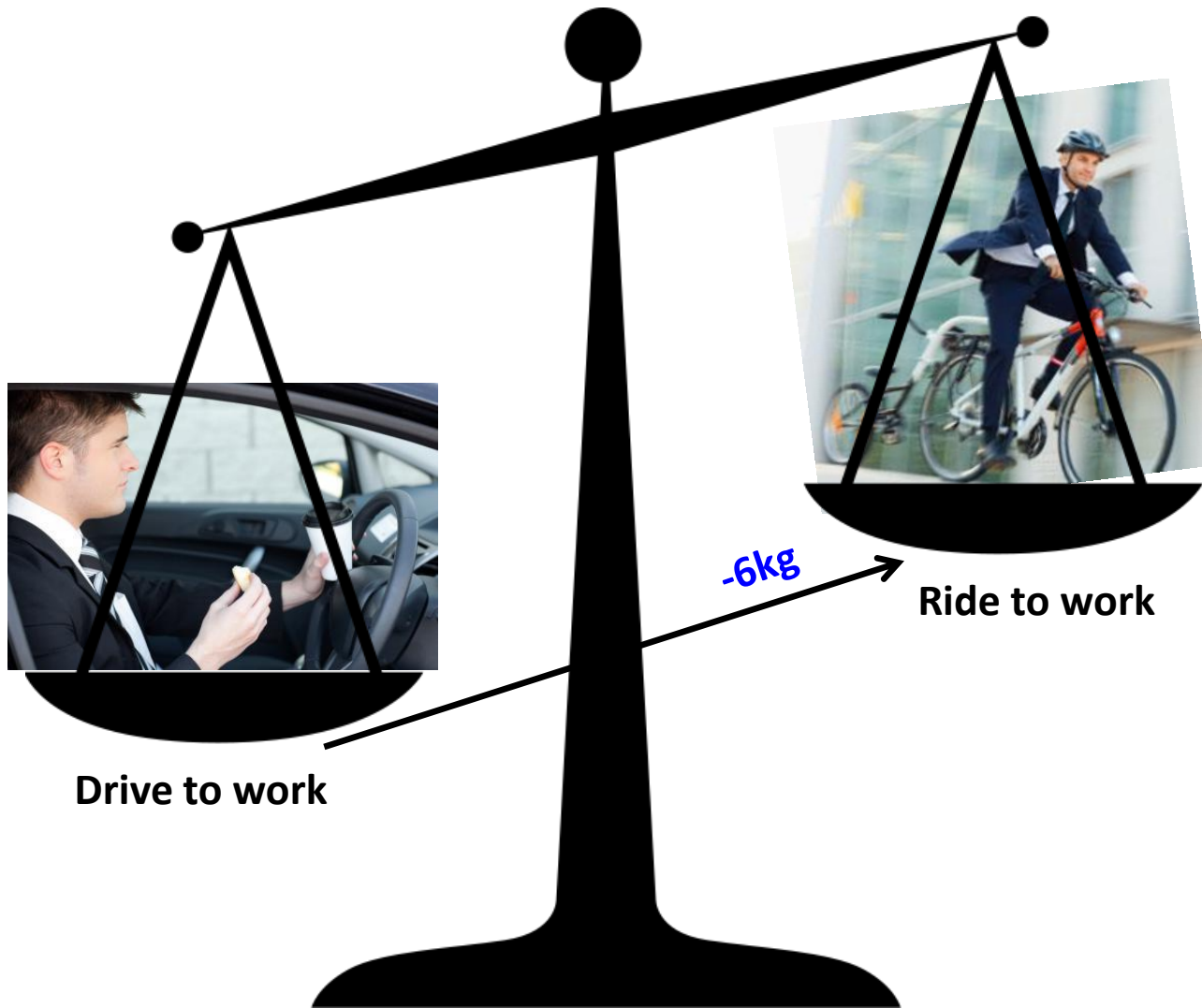
per 100 000 pop.



Obesity is inversely proportional to active transport







Car driving and obesity



1 hr = 6%



Walking and obesity



1 hr = -5%



Land-use mix



Land-use mix



-12% obesity



Other benefits



Traffic



Other benefits



Pollution



Other benefits



Productivity



Other benefits



Social wellbeing



Other benefits



Equity



Other benefits



Sustainability



Other benefits



Economic

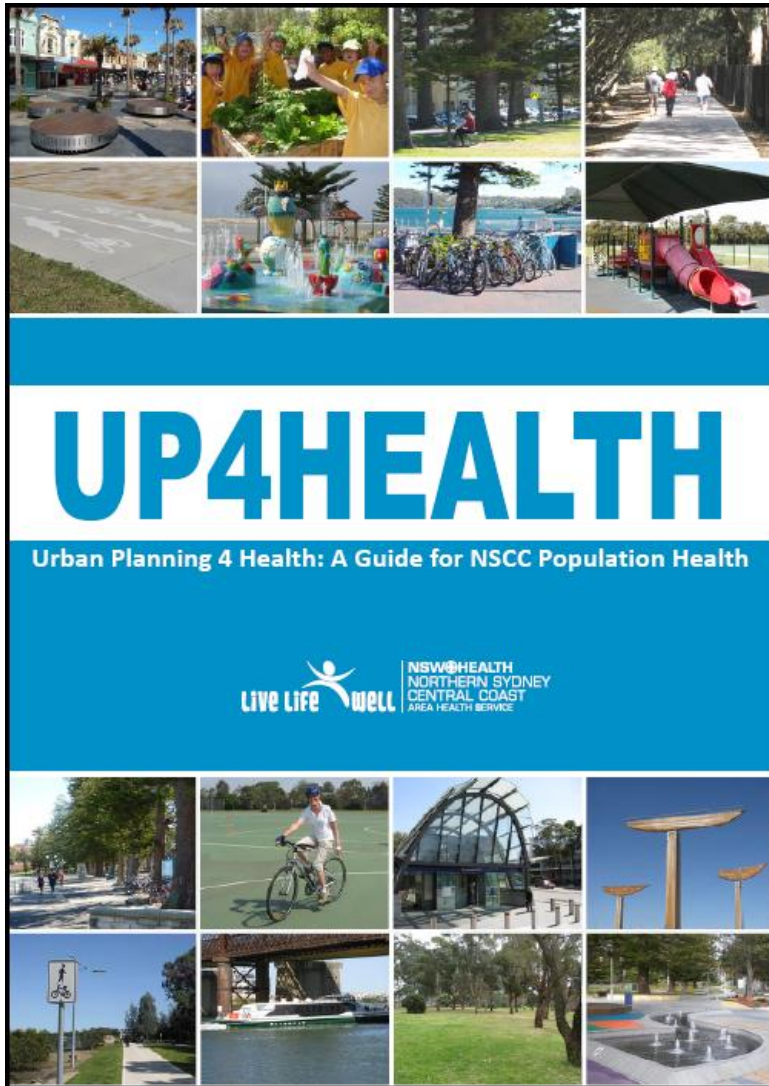


Other benefits



Economic





http://www.nsccha.health.nsw.gov.au/healthpromotion/publications/documents/UP4Health_Guidelines.pdf

- Healthy planning checklist
- Glossary
- Key health areas
- **Key recommendations**
- **Protocol for responses**
- **Example submissions**





The NSW planning system review
– it's time to put yourself in the picture



Health
Northern Sydney
Local Health District



NEW SOUTH WALES BIKEPLAN



Planning

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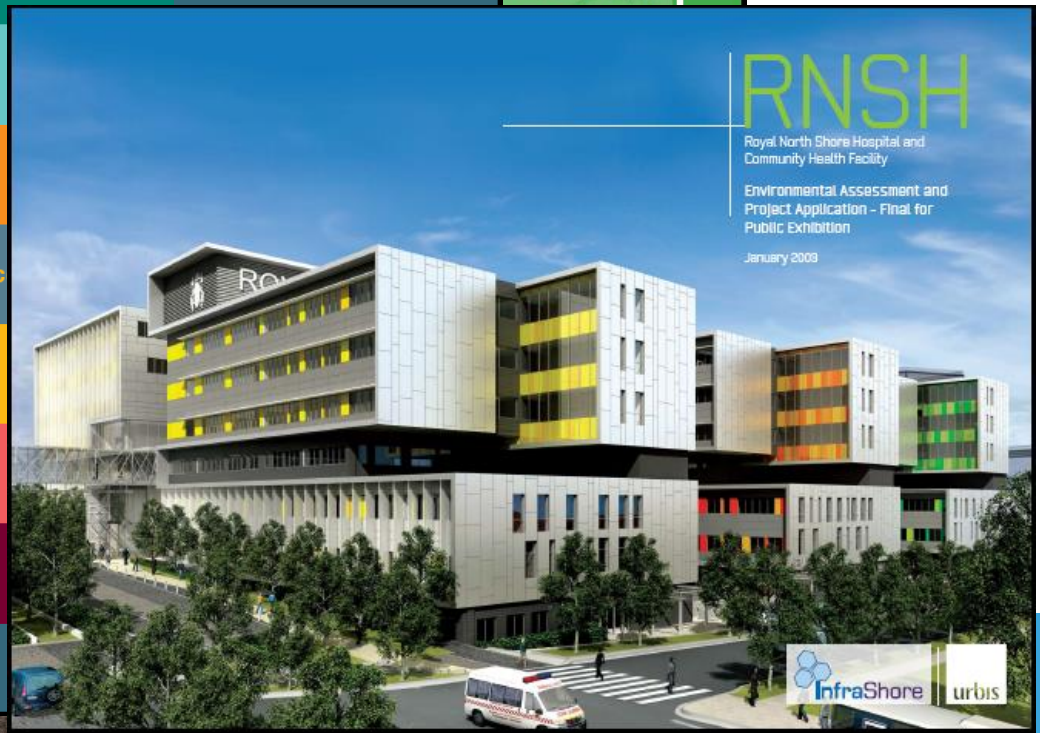
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2010

2036

Frenchs Forest Specialised Centre

DRAFT c

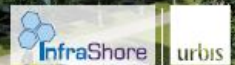


RNSH

Royal North Shore Hospital and Community Health Facility

Environmental Assessment and Project Application - Final for Public Exhibition

January 2009



Northern Sydney Local Health District



RTA 'bus lane only' proposal (Balgowlah)



Warringah Bike Plan



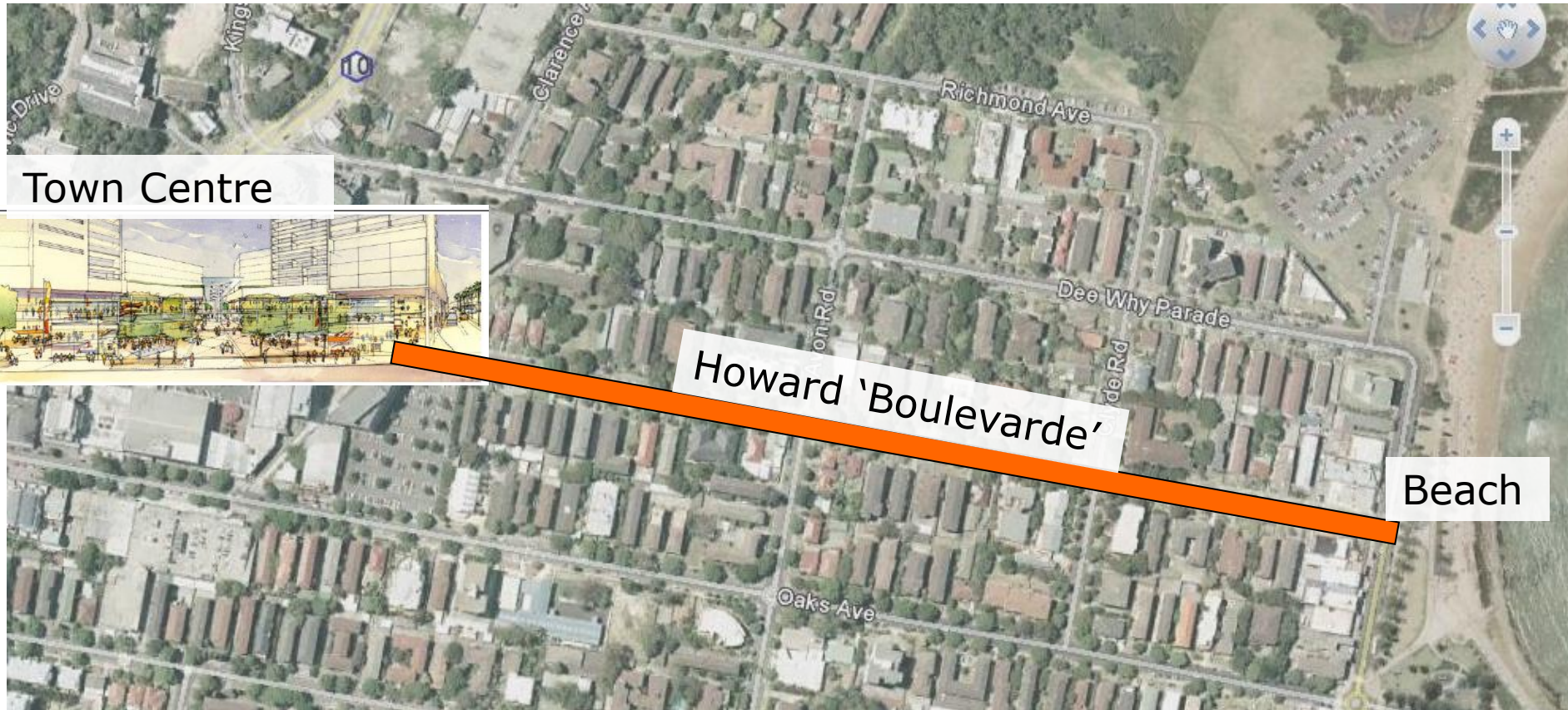
Manly Vale Community Garden



Manly Wharf alfresco dining proposal



Dee Why Town Centre



THE Manly Daily

TUESDAY, MAY 31, 2011

manlydaily.com.au

PHONE 9977 3333 80c incl. GST

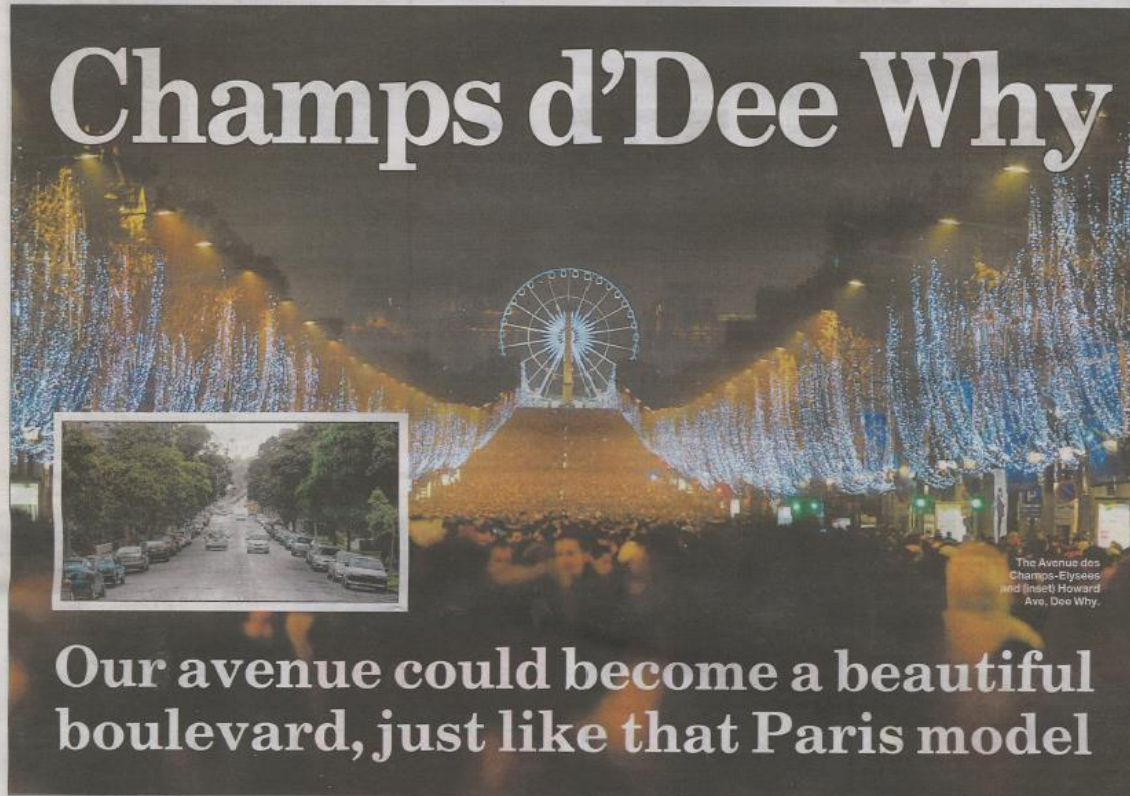
Award winners
PENINSULA CLUBS BEST
IN THE STATE PAGE 3



Not happy
PUBLIC BACKLASH ON PLANS
FOR NARRAWEENA PAGE 7



Champs d'Dee Why



The Avenue des Champs-Elysees and (inset) Howard Ave, Dee Why.

Our avenue could become a beautiful boulevard, just like that Paris model

Danielle Nicastrì

AT FIRST glance, Dee Why's Howard Ave is far from the Champs Elysees in Paris.

But the Northern Beaches Health Promotion healthy advocacy group has suggested Dee Why's main street could be turned into a similar boulevard, to encourage people to walk or cycle to the beach from the town centre.

The Avenue des Champs-Elysees is one of the most famous

streets in the world, with luxury specialty shops, cafes and cinemas. It ends at the Arc de Triomphe and is lined by clipped horse-chestnut trees.

With a bit of work, Dee Why's Howard Ave could join the ranks of popular walkways for international tourists and residents, said Paul Klarenaar from the health advocacy group.

It is part of the proposed upgrade of Dee Why's town centre, with a draft concept plan under way.

Mr Klarenaar said the 13-minute walk between Dee Why's beach and town centre could be transformed into a boulevard, with car access along the sides and a walkway and bike path down the middle of the road.

"We highlighted the value of pedestrian and cycle links between the town centre and Dee Why beachfront, which is currently the real attraction of Dee Why," he said.

"Our ambitious suggestion was

to create a Champs Elysees-style boulevard along Howard Ave, or 'Howard Boulevard'.

"People could arrive at the town centre by public transport, go shopping and then take the scenic walk towards the beach along a world-class pedestrian boulevard.

"It could give the Manly Corso a run for its money."

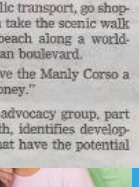
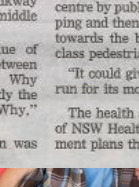
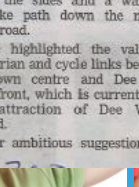
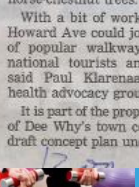
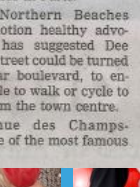
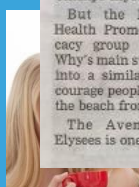
The health advocacy group, part of NSW Health, identifies development plans that have the potential

to have an impact on public health and wellbeing, such as town centre upgrades.

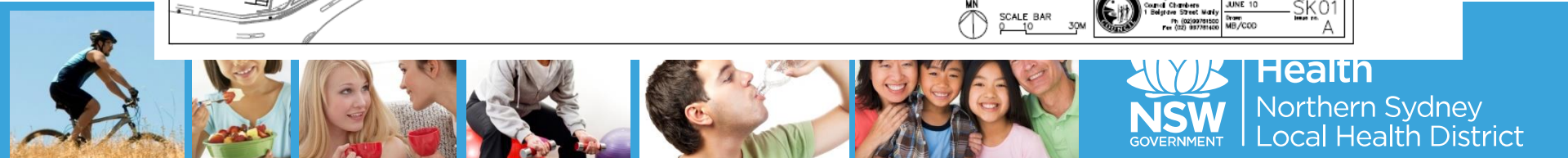
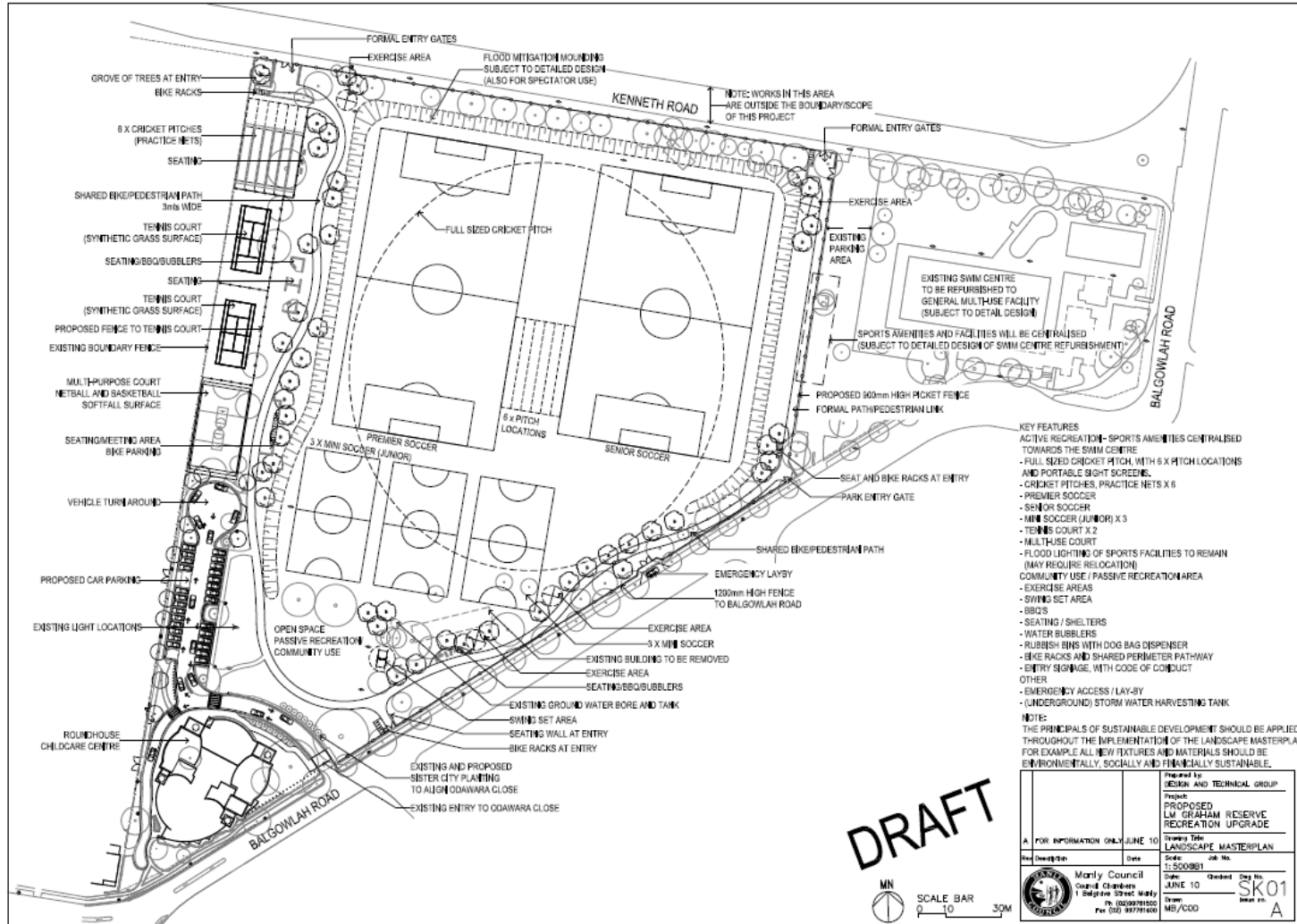
The group recently provided input into development applications in Freshwater's shopping village, LM Graham Reserve in Manly and proposed development around the northern beaches hospital in Frenchs Forest.



What does Paris have that Dee Why doesn't?
 manlydaily.com.au



LM Graham Reserve Masterplan (Manly)



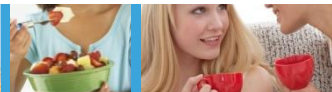
Warnervale Town Centre



FIGURE 2.9 ARTIST'S IMPRESSION OF CIVIC CENTRE



- FIGURE 2.10 TOWN CENTRE PLAN
- 1. Railway station
 - 2. High Street
 - 3. Aquatic centre
 - 4. Community centre
 - 5. Riparian corridor
 - 6. Ridge Parks
 - 7. Town Entry Park
 - 8. Civic Square
 - 9. Health Winklevort Reserve
 - 10. Commercial area
 - 11. Commercial/Bulky goods area
 - 12. Retail centre - with residential over



Northern Beaches Health Service Workplace Travel Plan



Before



After

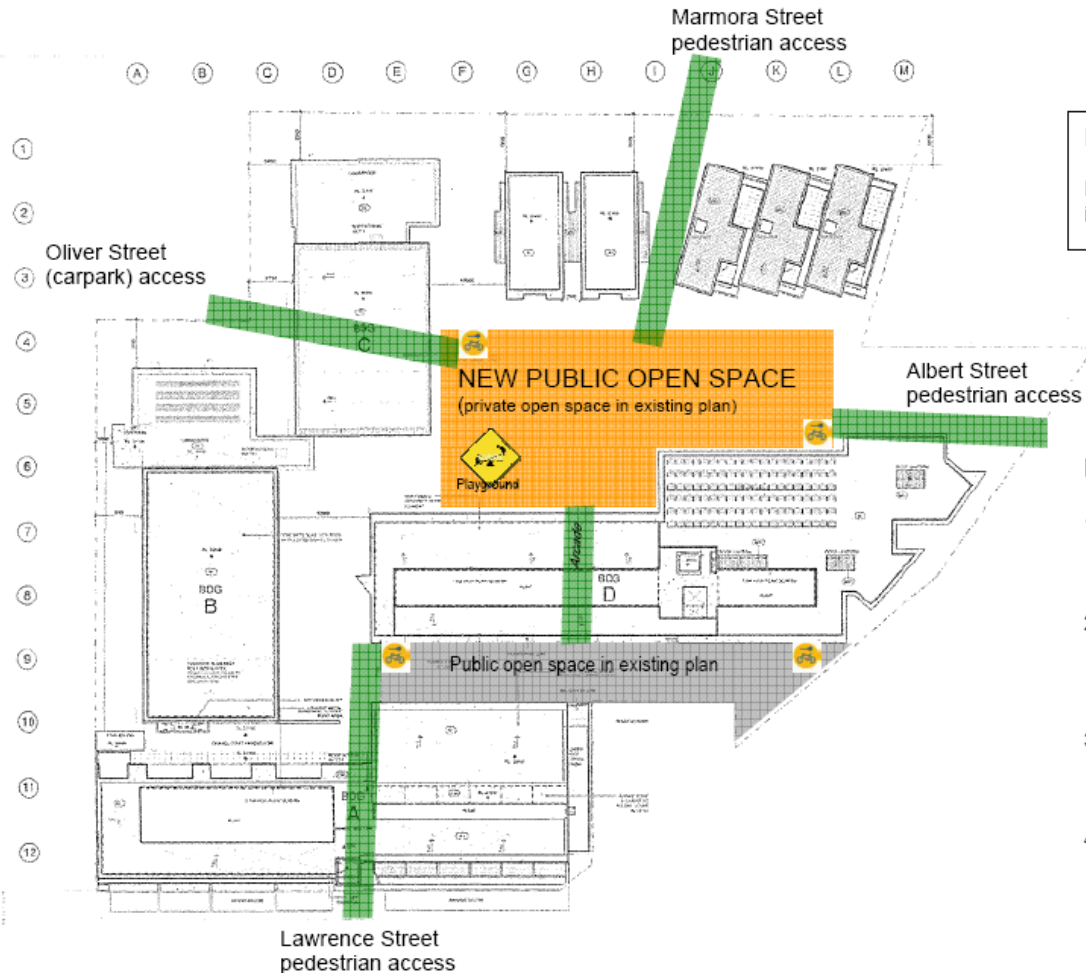
<http://www.nscchahs.health.nsw.gov.au/healthpromotion/publications/documents/TravelPlanNBHS2009.pdf>



Freshwater Village DCP

Northern Beaches Health Promotion presentation to JRPP re Freshwater Village DA 9/12/2010

Recommended improvements to planned public open space and pedestrian access

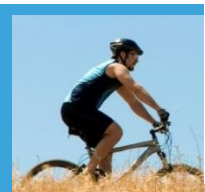


Major recommendation:

Defer determination until site-specific DCP is completed

Proposed conditions of consent:

1. Create **new public open space** with adequate solar access and childrens playground
2. Install **new pedestrian pathways** to ensure convenient non-motor-vehicle access from surrounding neighbourhood
3. Provide sheltered **bicycle parking** in convenient and visible **ground level** locations (not basement carpark) 
4. Provide conditions that ensure a viable retail **fresh produce outlet** with convenient pedestrian access at ground level (as currently exists with Harbord Growers Market)



1.

1. Name of policy, plan, proposal etc

2. Proponent of the policy, plan, proposal

3. Type of policy, plan, proposal etc

- Policy
- Strategic plan
- Proposal
- Development Application (DA)
- Development Control Plan (DCP)
- Local Environment Plan (LEP)
- Masterplan
- Guideline

Other (please specify)

4. Significance/reach of the plan, policy, proposal etc Guide:

- Local neighbourhood or suburb = Up to 10,000 people
- LGA = Up to 100,000 people
- Regional = Up to 1 million people
- State = Up to 7 million people
- National = Up to 23 million people

12. Date submission lodged

13. Status of policy, plan, proposal etc

- Pending
- Draft
- Final

14. Year of release of final policy, plan, proposal etc

15. Number of recommendations

16. Number and type of recommendations adopted (Please select of adopted recommendation)

	1	2	3	4	5	6	7
General health and well-being	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Physical Activity	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Healthy Food	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Alcohol	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Tobacco	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Community safety	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Social cohesion	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Health Protection (environmental health)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Other (please specify)	<input type="text"/>						

17. Evidence which indicates the adoption of recommendation(s)



Final thoughts...

1. Harness local knowledge
2. Be direct & practical
3. Use pictures

Thank you

Paul Klarenaar

Director, Health Promotion NSLHD

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